



Barry S. Rosen, MD, FACS
 David P. Ondrula, MD, FACS, FASCRS
 Gia M. Compagnoni, MD, FACS
 Hsin-Yi Chang, MD

General, Laparoscopic, Colorectal, Bariatric, and Oncologic Surgery

Phone: 847-381-8161
 Fax: 847-381-8167

Colon Surgery Bowel Prep for Dr. D. Ondrula

Follow the procedure below the day before surgery

Breakfast-light Lunch-Clear Liquid Dinner-Clear Liquid****

**Clear liquid for the meals and hourly consumption (chart below) consists of Jell-O, broth, tea, or clear juice such as white cranberry, apple, white grape, and Special K Protein water.

Take one Reglan (prescription medication) at 11:30am the day you start this prep.

Prep Detail Checklist

Time	Colyte	X Done	Clear Liquid	Done	Flegyl	Done	Neomycin	Done
12 noon	2 liters		6-8 oz					
1pm			6-8 oz		1		2	
2pm			6-8 oz		1		2	
3pm			6-8 oz					
4pm			6-8 oz					
5pm	2 liters		6-8 oz					
6pm			6-8 oz					
7pm			6-8 oz					
8pm			6-8 oz					
9pm			6-8 oz					
10pm			6-8 oz		1		2	

#1 fleet enema at night and #1 fleet enema morning of surgery

After midnight nothing by mouth—not even water

Problems to look for when doing your surgical prep:

- Severe abdominal pain
- Vomiting
- No bowel movement after completing the first 2 liters of Colyte

Do not hesitate to call if you have any questions.

Phone—(847) 381-8161