

General, Laparoscopic, Colorectal, Bariatric, and Oncologic Surgery

Fax: 847-381-8167

Colon Surgery Bowel Prep

Please follow the diet and prep schedule **the day before surgery:**

Breakfast-Liquid Lunch-Clear Liquid** Dinner-Clear Liquid****

**Clear liquid for the meals and hourly consumption (chart below) consists of Jell-O, broth, tea, or clear juice such as white cranberry, apple, white grape, Ensure Clear, Special K Protein, water, Gatorade, lemonade, (Italian ice)

Nothing with RED dyes DECAF coffee ok NO DAIRY NO CARBONATED DRINKS

+++++++DAY BEFORE SURGERY+++++++

Time	PREP		Clear Liquid intake		Flagyl		Neomycin	CHO drink/GSH
Clear liquids								
12:00 pm		Zofran *	6-8 oz					
1pm	Portion 1		6-8 oz		1		2	
2pm			6-8 oz		1		2	
3pm			6-8 oz					
4pm			6-8 oz					
5pm	Portion 2		6-8 oz					
6pm			6-8 oz					
7pm			6-8 oz					1 of 3*
8pm			6-8 oz					
9pm			6-8 oz					2 of 3*
10pm			6-8 oz		1		2	

+++++++DAY OF SURGERY+++++++

You may have clear water up to 2 hours prior to your hospital arrival time if taking **required medications** instructed by Dr Ondrula.

Other Instructions:

Drink carbohydrate 3 of 3 bottles.***MUST BE CONSUMED 2 HOURS PRIOR TO ARRIVAL TIME *******

*IF DIABETIC CHO DRINKS DO NOT APPLY.

When to call the office – Please call the office if you experience any of the following during your prep:

-Severe abdominal pain, vomiting or no bowel movement after completing the first packet of bowel prep.

Please call the office immediately at 847-381-8161 should you experience any of these problems.

Patient Name: _____

My signature below indicates that I am in receipt of Advanced Surgical Care’s Colon Surgery Bowel Prep Instructions and these instructions have been reviewed with me and explained to me to my satisfaction.

Signature

Date